

HOW I COPE HEALTH FAIR

#HOWICOPE

GET TEASERS & INFO FOR THE
EVENT! SIGN UP FOR ALERTS:

LCBMH.EVENTBRITE.COM

Free wellness
resources!

Stories of recovery!

Music!

Art!

Movement!

Activities for
adults and kids!

- Saturday, July 20, 2019
- noon to 6 p.m.
- at Lorain County Community College (LCCC) **College Center** Abbe Road in Elyria

Featuring Archie Green

Hip-Hop Artist and Mental Health Speaker | Selected for Cleveland Magazine's Most Interesting People 2018

Free, family-friendly event

Learn more about mental health and wellness, while having a great time with family or friends! Not your typical health fair!

The African-American Wellness Event Committee of the Lorain County Board of Mental Health invites you to this free event!

Co-chairs: Patrice McKinney, Jeanette Willis; Members: Mona Atley, Dolores Baker, Pastor Marilyn Parker-Jeffries, Regan Phillips, Clare Rosser, Traci Shed, Frank Whitfield

Sponsored by the Lorain County Board of Mental Health

Questions? 440-541-5298

