

Mental Health First Aid

for adults who live or work with **YOUTH**

Sometimes first aid isn't a bandage, or CPR, or calling 9-1-1. Sometimes, First Aid is **YOU**.

Our next **FREE** training:

June 24 & 27, 2019

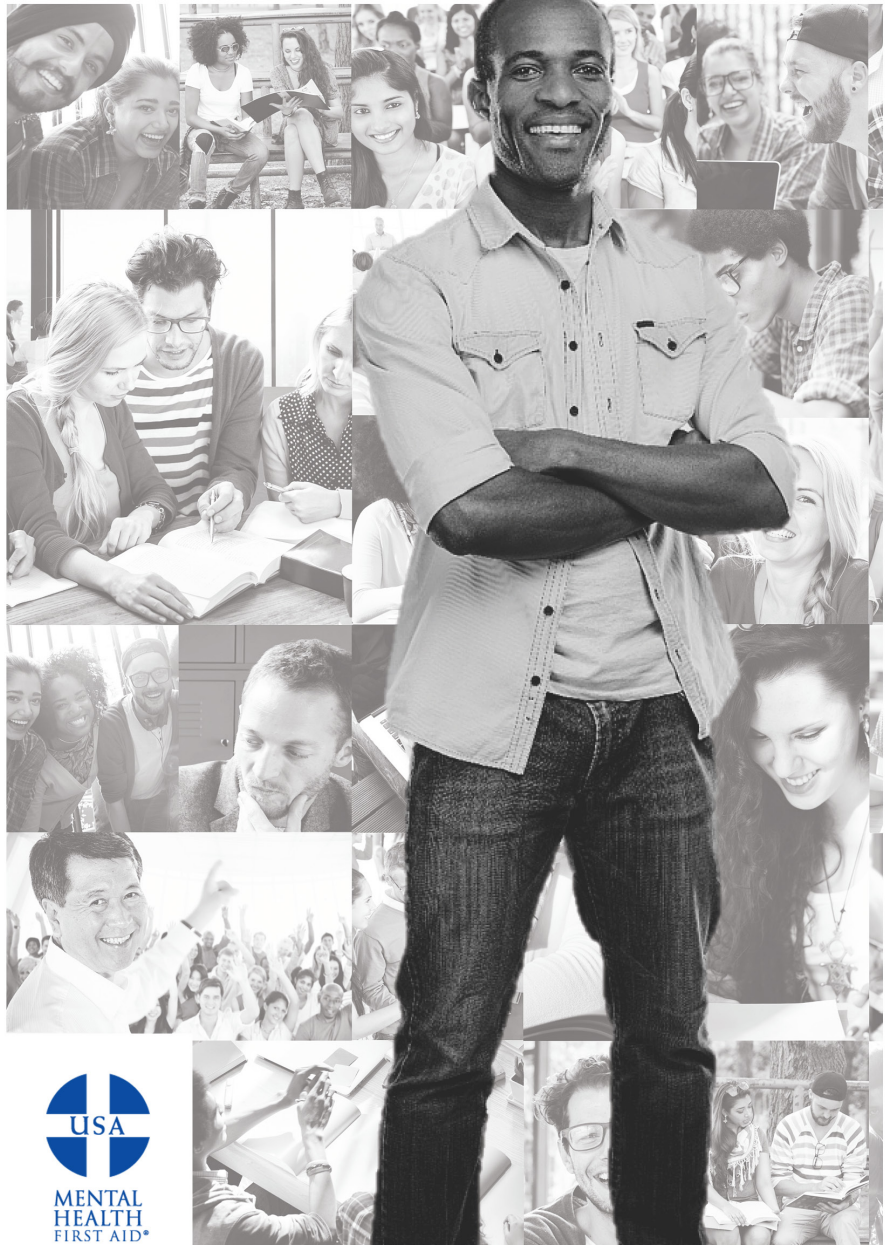
8:30 a.m. – 12:30 p.m.

Amy Levin Conference and Learning Center
1165 North Ridge Road East, Lorain, OH
MUST ATTEND BOTH DAYS FOR CERTIFICATION

A young person you know could be experiencing a mental health or substance use problem.

Learn an action plan to help.

Anyone 18 or older can take Youth Mental Health First Aid, but it is recommended for those who regularly have contact with young people ages 12 to 18: teachers, coaches, social workers, faith leaders, parents, and other caring adults.



Take a course. Save a life.
Strengthen your community.

Registration required: lcbmh.eventbrite.com